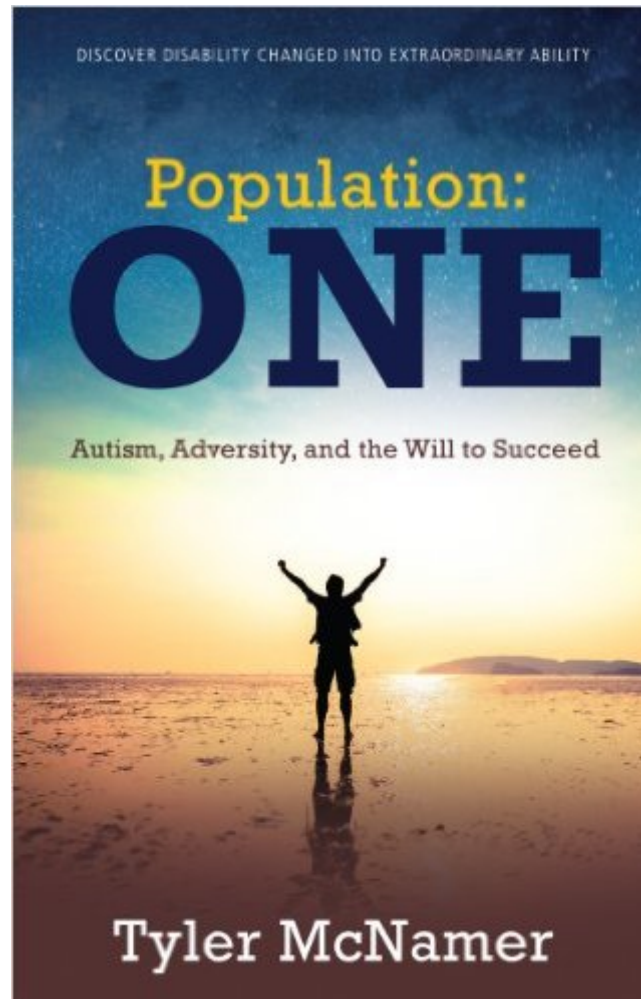


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# Population One: Autism, Adversity, And The Will To Succeed



## Synopsis

Part memoir, part inspirational guide, *Population One: Autism, Adversity, and the Will to Succeed* is a groundbreaking book that offers readers the ability to see life through the eyes of a young man with autism. Written by Tyler McNamer at the age of 17, Tyler not only details his challenges, but he also offers hope and encouragement to others who face seemingly insurmountable obstacles. Whether you're an educator, a family member of someone with autism, or simply looking for inspiration, you'll appreciate the opportunity to step inside this remarkable young man's mind. As Tyler explains, I've been called a retard, dumb, and disabled. I've been bullied, picked on, and made fun of. They put me in special classes and told me that I should not expect to reach my goals. Yet rather than view his diagnosis negatively, Tyler considers his unique viewpoint a gift. It is with this perspective that he wrote *Population One: Autism, Adversity, and the Will to Succeed*. In this memorable book, Tyler details his experiences with bullying, isolation, and others' low expectations of him. But rather than allowing himself to be limited by his autism diagnosis, this courageous and insightful young man rose above his challenges to encourage others to follow their dreams and become leaders in their own lives. The result is this book, an autobiographical recounting of Tyler's journey with diverse essays containing his thoughts about leadership, courage, and adversity. Wise beyond his years, Tyler concludes that despite our differences, we can become a population of one, uniting to serve others. If you want to be uplifted or understand someone with autism better you must read *Population of One*. This inspirational and engaging book will transform the way you view the world.

## Book Information

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## Customer Reviews

Tyler McNamer's *Population One* is a unique book written by a young man with autism. It is a collection of diverse writings, including creative pieces, autobiography, essays on teenage subjects, and insights into what it is like not only to have autism but to see the world from a different perspective. Early in the book, Tyler describes himself by stating, "I am nineteen years old and have been blessed with autism my entire life. I have chosen to accept my label of autism not as a 'disability' but as a 'unique ability' and I want to help you overcome the label that you may have suffered from for many years of your life." As for his book, Tyler states, "this book is not just a book about autism--it is a book about how we can all live together in harmony regardless of our differences" and "Most importantly, you will learn how we can all co-exist together in harmony as a population of one to make our existence together better, more peaceful, more fulfilling and purposeful." What does Tyler mean by a "population of one"? As someone with autism, Tyler has known what it is to feel alone in the world. He was abandoned by childhood friends when he reached high school, and he realizes his perspective is different from others; for these and other reasons, he lives in his own world, which has a population of one. But being a world with only one person as its population is not necessarily a negative thing. Tyler realizes that we all are to some extent not just alone but our own individual worlds. He states, "You see, my friend, I have a world. You have a world. It represents who you are, what you are interested in, and what you like. I like the color red, so I have a red world. My favorite music is...well, I have a lot of favorites, but let's say jazz, my national music is jazz."

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The Reason I Jump: one boy's voice from the silence of autism  
The Autism Discussion Page on anxiety, behavior, school, and parenting strategies: A toolbox for helping children with autism feel safe, accepted, and competent  
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